

# The Koinonia Trust

**Autumn 2024**



*The newest recruits for our Under 15's Team*

## Projects recommence in October 2024

### UPDATE ON THE TRAUMA HEALING GROUPS

During the rainy season from June to August Momo commenced Trauma Healing Groups in two local churches. Both groups completed the core sessions.

In September one of the groups which consisted of men only wanted to continue to meet to complete other sessions. They have now completed sessions on domestic violence, helping someone who has been raped and addiction.

These sessions have helped people with heart wounds to find healing, engage with scripture and become more resilient.

In November Momo will be facilitating trauma healing groups with both the participants from the tailoring workshop and the football team.

Momo continues to offer pastoral care and support to individuals and families living locally.

## UPDATE ON THE TAILORING WORKSHOP

At the moment we are continuing to recruit new students in the area to join the tailoring workshop. At the moment we have 13 both female and male. Thanks to the funds raised within the tailoring workshop last year we were able to purchase an additional sewing machine.

Classes have commenced three times a week since early October and will continue to the end of May 2025.

We welcome back our tutor Kebbeh who has been a wonderful asset to the team. As a student herself in the class during 2021 to 2023 she is an inspiration to the other students.

This workshop enables people to gain the necessary skills in tailoring so that they can create and sew clothes. After completing the course many participants continue to tailor clothes helping them to earn money for their families

## UPDATE ON THE FOOTBALL TEAM



We are delighted to start the football project in our new community in Sasstown. We welcome a new local coach Reuben D who will be under our existing senior coach also named Reuben K.

Training has already started and we have approx 30 young people between 12 and 15 years of age coming to training sessions three times a week.

The community have been delighted with the projects and are starting to engage more.

## A BIG Thank You

A mass thank you to everyone who supported our two fundraisers this year. Our swish clothes event in April and our sponsored walk in August. It was a huge help as we recommenced our projects for 2024/25.

We also want to say a big thank you to Terri Doherty and Sean O Boyle who have supported The Koinonia Trust since we started. Both have stepped down now from the advisory team. They have made valuable contributions through fundraising and guidance over the last seven years. We wish them all the best in their other endeavors.

# Reflections

## REFLECTIONS FROM FRANCES

Micah 6 vs 8

*'He has told you O man what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God'.*

This verse has been challenging me in the way I view others or live everyday life. We are living in such a broken and uncertain world and here is the direct instruction from the Lord in how we ought to live in it. To advocate for those who are vulnerable, oppressed by government policy or who are struggling to meet everyday essentials. God reminds to love and to show kindness to everyone I encounter regardless of who they are or their attitude towards me. This too is my prayer for the team of The Koinonia Trust both in Liberia and Ireland. May we walk humbly with God day by day through lifes mountains and valleys. Always seeking to treat everyone we encounter with dignity.

## REFLECTIONS FROM MOMO

Matthew 8 vs 8

*'But the centurion answered Him, Lord I am not worthy to have you come under my roof, but only say the Word, and my servant will be healed'.*

When I reflect on the faith of this Gentile soldier it encourages me to know there is nothing impossible for God for those who believe and trust in Jesus. The Word of God has the power to transform peoples lifes, mend broken hearts and heal every wound. As we move into another new year of projects this is my prayer not only for others but for ourselves.

## PLEASE CONSIDER



Please consider joining our monthly sponsorship scheme of

**€10 - €15 – €25.** If you would like to make a regular contribution to help keep our work going, please go directly to our website where you will find our Donate button.

You will find more information about the Trust at [www.thekoinoniatrust.com](http://www.thekoinoniatrust.com)

Facebook: The Koinonia Trust

Instagram: koinonia\_trust

## Prayer Points



- Please continue to pray for the local community in Sasstown that they will come to know God in a very personal way.
- Pray for Momo, Kebbeh, Reuben K and Reuben D as they minister to others
- Pray for the trauma healing groups that the Holy Spirit would heal the deep wounds that people are carrying because of trauma, loss or grief.
- Pray for the new students that are coming together for the tailoring class that they would knit together as a group and feel supported.
- Pray for the young people who have come together to form a new football team. That not only will they learn many new skills but as they are being disciplined their faith would be strengthened.
- Pray for Frances as she continues her studies in Ireland.